

A TYPICAL DAY

While it is hard to say that there is such a thing as a “typical” day at Outdoor School, it is certain that each day will be packed full of laughter and learning. From the time students depart from school for their Outdoor School adventure, to the moment they arrive back home, Twin Rocks offers a wide array of memorable experiences to build into your program.

SELECTING ACTIVITIES

Schools can select a variety of educational classes, teambuilding initiatives, and engaging activities to fill their time at Twin Rocks. Each class or activity time listed on the schedule has a number of options that schools can choose from. The following pages are filled with general information on all Twin Rocks has to offer. However, this packet is by no means extensive; many schools have built in some of their own traditions, activities, classes, etc. to put their unique spin on a program.

SCHEDULING ASSISTANCE

Please feel free to visit www.twinrocks.org for more information about Twin Rocks’ offered classes and resources; or contact Emily and Katey, who are happy to answer any questions and help build your Outdoor School schedule.

FINALIZING THE SCHEDULE

Final copies of the schedule, or information about any changes made to the schedule from the previous year, should be sent to Emily and Katey at least 4 weeks in advance.

A “TYPICAL” DAY:

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| 7:00-8:00 | Rise and shine |
| 8:00-8:45 | Breakfast |
| 9:00-10:00 | Class #1 |
| 10:00-10:10 | Transition |
| 10:10-11:10 | Class #2 |
| 11:10-11:20 | Transition |
| 11:20-12:20 | Class #3 |
| 12:20-12:30 | Clean up for lunch, set up dining hall |
| 12:30-1:30 | Lunch |
| 1:30-2:30 | Class #4 |
| 2:30-5:15 | Recreation, free time, or down time activities |
| 5:15-5:30 | Clean up for dinner, set up dining hall |
| 5:30-6:30 | Dinner |
| 6:30-9:00 | Evening activities |
| 9:00-9:30 | Get ready for bed |
| 9:30 | Lights out |

